

Diabetes Network Leadership Team
April 22, 2008 Meeting

Notes

Current Members Present: Shirley Broughton, Sue Butkus, Kenn Daratha, Linda Garrelts MacLean, Linda Haas, Kennethia Ishman, Sandra Knott, Helan Lee, Laura Thelander, Mary Zornes

DOH Staff: Francisco Arias-Reyes, Chris Hanson, Jeanne Harmon, Jan Norman, Laura Pennington, Sheila Pudist, Marilyn Sitaker, Marcelle Thurston, Katrina Wynkoop Simmons, Keith Zang

Interested Parties: Blishda Lacet (for Cheza Collier-Garvin), David Guthrie (CDC), Shwana Coleman, Irene Heaston (CDC), Doc Klein (CDC), Margaret West (CDC)

1. Introductions: The Leadership Team welcomed attendees from the Centers for Disease Control & Prevention (CDC) who, as members of the CDC West Team, was here to observe and learn about the work that Washington State is doing in the prevention and control of diabetes.
2. Washington State Mid-point Assessment Report: Jan N. presented a summary of the Washington State Mid-point Assessment Report. The purpose of the report is to evaluate progress toward implementing the Diabetes State Plan over the past 2.5 years and to inform the development of the competitive application to CDC in 2008. Although there were 4 goals that the leadership team and DPCP agreed on, there were also areas they did not agree on which shows that the differences in perceived progress indicate the need for better communication between DPCP and the Leadership Team.

Jeanne H. noted that although the original framework for the state plan came from the CDC, the goals themselves came from the assessment team and that we may want to look at the need to adjust any of the goals based on the work we are currently doing.

Kenn requested DPCP summarize these results in a one-page vision document. This document, along with the PowerPoint presentation will be sent to the team with the meeting notes, as well as posted on the Diabetes Connection.

3. Systems Dynamic Modeling: Doc Klein of the CDC led the team through a series of exercises to familiarize them with the SDM. The Leadership Team will use this model to help them determine which goal(s) to focus efforts on in Washington State. From this session the Leadership Team

was able to identify several “strategic questions” that need to be addressed when setting goals and priorities. They are as follows:

- What is the main focus of the LT?
- What are evidence-based interventions that move people from Pre-diabetic state to normal glycemic levels?
- What do we do once people are identified as pre-diabetic?
- How do we get our funders to shift priorities to also include pre-diabetes interventions or what are new resource opportunities?
- How do we effect social behavioral or policy change in the medical community?
- How do we insure that we focusing on the social determinants that address disparities?

There will be separate “Under the Hood” session at DOH on June 9th, to use the data we currently have available in Washington using the SDM model. Everyone is welcome and a sign-up sheet to participate in this session was sent around to the Leadership team. Please contact Laura P. for more info or if you wish to sign up, but did not do so at the meeting. It should be noted that the date presented at the meeting has been changed from June 11th to the 9th. Laura P. will send out a reminder email mid May.

4. Annual Meeting Planning Committee Update: Laura Thelander updated the team on the most recent details for this year’s annual meeting on October 16, 2008 and provided handouts outlining these details as follows:
- The meeting will be held at the Doubletree Hotel in Seatac. The goal is to have 200 attendees but there is room for more if necessary.
 - The keynote speaker will be Paul Robertson, President and Scientific Director of the Pacific Northwest Research Institute in Seattle and it is the goal of the planning committee to secure a legislative representative of a district with high diabetes rates for the lunchtime speaker.
 - The goal of the meeting is to be informative, useful, and to provide some deliverables that can be translated into use - looking at “up stream” work in research and clinical diabetes care.
 - The meeting theme has yet to be fully defined but will include something to the affect of “staying ahead of the tidal wave or tsunami” in Washington State”. The Communications Committee is currently participating in the conference calls with the Planning Committee to help define this.
 - A few key ideas that were discussed with respect to the breakout sessions:
 1. Look at using the “Unnatural Causes” series as a session.

2. Ask presenters to find ways to solicit audience participation.
3. Look at using our strategic questions and ask participants what they can contribute.
4. Incorporate a Worksite piece.
5. Target people who can talk about interventions in a tabletop discussion format.
6. Incorporate the SDM model by having 4 boxes in the room and give each person "\$1 million" and at the end of sessions have them put their money where they think we should be allocating resources.

Next meeting to be held Tuesday, July 15th, at The Radisson Gateway Hotel, Seatac. Tentative agenda items to include:

- SDM "Under the Hood" session update – Kenn/Marilyn
- Annual Meeting Planning Update – Laura T.
- BRFSS Overview – Katrina Simmons
- Tobacco Program Overview – Keith Zang
- Diabetes Related Disease presentation – Kenn
- WA State data available for our use – Marilyn
- Demo of updates to Diabetes Connection – Laura P.

If you have additional agenda items please contact Laura Pennington at DOH (laura.pennington@doh.wa.gov).